

MAY



MON

TUE

WED

THU

***Parents- Check out our Health and Nutrition Boards at each site-They have great free resources and handouts!**

01

B: Mini Waffles, Apples, Milk
L: Baked Fish Sticks, Rice Pilaf, Broccoli, Pears, Milk
S: Peanut Butter & Jelly Sandwiches, Milk

02

B: Banana Bread, Applesauce, Milk
L: Creamy Broccoli & Cauliflower Soup, Turkey & Cheese Cubes, WW Crackers, Bananas, Milk
S: Cinnamon Bread, Milk

06

B: Oatmeal, Oranges, Milk
L: Eldorado Casserole, Salad, Pears, Milk
S: Peanut Butter Oatmeal Energy Ball, Milk

07

B: Potato, Veggie & Cheese Egg Bake, Milk
L: Chickpea Salad Sandwiches,
 Carrot Sticks, Mixed Fruit, Milk
S: Cheese Sandwiches, Apples, Milk

08

B: Biscuits w/ Jelly & Honey, Mandarin Oranges, Milk
L: Hamburgers w/ Lettuce, Tomatoes & Pickles, Apples, Milk
S: Blueberry Oatmeal Muffins, Milk

09

B: Chex Cereal, Bananas, Milk
L: Pepperoni Pizza Soup, Crackers, Apples, Milk
S: Strawberry Bagel Bites, Milk

13

B: Turkey, Sausage & Egg Muffins, Pineapple, Milk
L: Beefy Rice Casserole, Carrots, Celery, Plums, Milk
S: Cottage Cheese, Animal Crackers, Milk

14

B: Bagel, Mandarin Oranges, Milk
L: Tuna Sandwich, Cucumbers, Apples, Milk
S: Breadsticks, Marinara, Milk

15

B: Cream of Wheat, Peaches, Milk
L: Spaghetti, Green Beans, Pears, Milk
S: WW English Muffin w/ Peanut Butter, Milk

16

B: Blueberry Bran Muffin, Applesauce, Milk
L: Chicken & Wild Rice Soup, WW Crackers, Oranges, Milk
S: Banana Bread, Apple Slices, Milk

20

B: Mixed Berry Yogurt Parfait, Milk
L: Sloppy Joes, WW Rolls, Broccoli, Peaches, Milk
S: Cheese Quesadilla, Milk

21

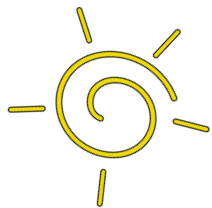
B: Corn Flakes, Pears, Milk
L: Chicken Drumsticks, Mac n Cheese, Snap Peas, Apples, Milk
S: Carrots, Peanut Butter & WW Crackers, Milk

22

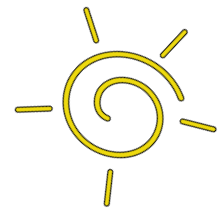
B: Cheesy Scrambled Eggs, Oranges, Milk
L: Chicken Alfredo Pizza, Green Salad, Pineapple, Milk
S: Zucchini Bread, Milk

23

B: Cream of the West, Strawberries, Milk
L: Taco Soup, Tortilla Chips, Bananas, Chocolate Milk!!
S: Chex Mix, Milk



HAVE A GREAT
SUMMER



An equal opportunity employer and provider.

*Menu is subject to change. 